

BRIDGEVIEW PARK DISTRICT
PRESENTS:

ADULT BOOTCAMP

CALLING ALL LADIES!

MONDAYS

6:30 – 7:30 PM



UPPER BODY

TUESDAYS

6:30 – 7:30 PM



LOWER BODY



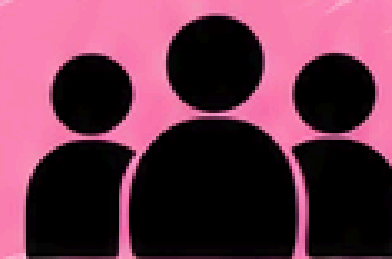
**REACH
FITNESS GOALS!**



**BODY
TRANSFORMATION!**



**SEE
RESULTS!**



**SUPPORTIVE &
FUN ENVIRONMENT!**

NOVEMBER 16TH – DECEMBER 15TH

4 WEEKS | \$80

**SUPER SAVER
PRICE!**



**AGES
18+**



8100 S. BELOIT AVE.
BRIDGEVIEW, IL 60455



708-594-1818



www.bridgeviewparkdistrict.com

